

**Western Kentucky
Psychology Internship
Consortium
2010–2011**

Pennyroyal Center
Western State Hospital

Hopkinsville, Kentucky

Introduction

The Western Kentucky Psychology Internship Consortium consists of two major treatment facilities located in Hopkinsville, Kentucky. The internship program provides an excellent opportunity for the intern to experience training in a community mental health center and a state psychiatric facility.

The consortium consists of the Pennyroyal Center and Western State Hospital. The Pennyroyal Center is a private, not-for-profit mental health center serving eight counties in Western Kentucky. Western State Hospital is a state adult psychiatric facility, which serves the 42 counties of Western Kentucky.

The Western Kentucky Psychology Internship Consortium will provide a broad-based training experience for psychology interns. Interns will receive training and supervision with children, adolescents, and adults. The clinical population served varies from the chronically mentally ill to individuals experiencing situational stressors. All interns will receive training in traditional psychological services such as psychological assessments, individual psychotherapy, and group psychotherapy. More specialized training is also available in forensic evaluations, psychoeducational assessments, and guardianship evaluations. Specialized training is available in working with diverse populations including abused children, domestic violence perpetrators, the developmentally delayed, geriatric patients, the physically disabled, the learning disabled, and substance abusers.

The internship consortium is under the supervision of a committee composed of a licensed psychologist appointed by the Executive Director of the Pennyroyal Center and the Facility Director of Western State Hospital.

Primary Objective

It is the primary objective of the Western Kentucky Psychology Internship Consortium to provide doctoral candidates with the training necessary to begin functioning as independent practitioners in a variety of mental health care settings. Experiences are structured to ensure each intern will achieve competence in the areas of psychological assessment, clinical interventions, and consultative skills.

Internship Objectives

1. To provide a closely supervised clinical training experience in the practice of psychology.
2. To familiarize each intern with the interdisciplinary process involved in providing comprehensive mental health services.
3. To foster and develop independent professional skills in the areas of

interviewing diagnostic assessment, treatment planning, clinical interventions, and program development.

4. To develop specialized skills in specific modalities of interest to the individual intern.
5. To acquaint each intern with a variety of clinical settings and a diversity of clients.
6. To provide an overview of continuity of care.

Rotations Within the Internship Program

The rotations that exist within the Western Kentucky Psychology Internship Consortium have been designed to provide maximum exposure to several different settings and programs, and to provide diversity among the clinical population served. Each intern will complete 2,000 hours of clinical training under the supervision of licensed psychologists. Approximately one half of the intern's time will be devoted to each of the two facilities during the rotation process.

The order of rotations is determined by the supervising committee of the consortium. Every attempt will be made to ensure that rotation assignments reflect each intern's educational needs and interests, as well as program needs. At the beginning of the internship year each intern will be given a brief orientation. This orientation will include the opportunity to meet with the staff and supervisors of each facility and to learn more about the individual programs provided within each rotation. Within each facility, unique learning experiences exist which will be presented and discussed with the on-site training supervisor.

The internship program begins on the first working day in September and extends through the last working day of August in the following calendar year.

It is the mission of the training program to allow each intern to develop the skills necessary to work as an independent generalist within the field of psychology. Interns are expected to interview, evaluate, and treat adults, children, and adolescents with a wide range of clinical symptomatology.

Pennyroyal Center Rotation

The Pennyroyal Center is a licensed comprehensive community mental health-mental retardation center that serves eight counties including Caldwell, Christian, Crittenden, Hopkins, Lyon, Muhlenberg, Todd, and Trigg. It is operated by the Pennyroyal Mental Health-Mental Retardation Board, Inc., a private, not for profit organization that contracts with the Cabinet for Human Resources, Department for Mental Health-Mental Retardation

Services to offer mental health, mental retardation, and substance abuse services.

The Center provides services to adults, children, and adolescents. Its staff consists of psychiatrists, psychologists, social workers, nurses, and other clinical and support staff who provide a wide variety of community-based programs. These include outpatient services, day treatment programs for the seriously mentally ill, early intervention programs for the developmentally disabled, a residential placement program for the developmentally disabled, a sheltered workshop program, an outpatient and a transitional facility for adolescents with substance abuse problems, and a wide array of prevention programs.

Western State Hospital Rotation

Western State Hospital is a state psychiatric facility operated by the Kentucky Cabinet of Human Resources, Department for Mental Health/Mental Retardation Services. Western State Hospital serves the 42 counties of Western Kentucky. The facility has approximately 500 employees with a variety of professionals on staff. A 350-bed adult psychiatric hospital, Western State Hospital treats approximately 1,000 adults during the course of a year.

While at Western State Hospital, the intern will gain firsthand experience in working with the seriously mentally ill and developing an understanding of the operations of a state psychiatric facility. Each intern will be expected to participate in the interdisciplinary treatment team in order to prepare individualized treatment plans based upon information obtained from the assessment process. Each intern will be assigned patients who will be seen in individual or group therapy. The intern will receive training and supervision in the area of psycho- logical testing for the purposes of diagnosis and treatment planning. The intern will also be exposed to the development, implementation, and evaluation of a variety of clinical programs.

An intern will consult with a variety of other mental health professionals while completing the training rotation at Western State Hospital. Each intern will be asked to conduct at least one training seminar for the staff at Western State Hospital.

Supervision

A minimum of two hours per week will be devoted to face-to-face supervision, and at least two additional hours per week will be devoted to additional learning activities. A licensed psychologist will be assigned as the individual's primary supervisor at each rotation site. Each primary supervisor will be responsible for

completing a final progress report at the end of the assigned rotation. The chairman of the training committee will oversee regularly scheduled group supervision and seminars for all interns. Group supervision meetings and seminars may also include practicum students, master's level clinicians, and other appropriately assigned trainees.

It is the supervision philosophy of the Western Kentucky Psychology Consortium to emphasize mastering new skills and refining existing competencies. Each intern will be encouraged to take an increasing amount of responsibility

as the year progresses, and each intern should be considered competent to practice independently after completing the training program. It is anticipated each intern will obtain a broad range of clinical experiences through involvement in a multifaceted training program.

Training Seminars

Training seminars are an integral part of the Western Kentucky Psychology Internship Consortium experience. The seminars are a didactic training process that aims to broaden the knowledge and expertise of the interns. Each training seminar will deal with a specific topic of interest. Multiple seminars may be directed toward a single topic depending upon the level of interest and the need for continued training. Training will be provided by psychologists on staff at the two facilities in the consortium, outside professionals, and the interns in their areas of expertise. Training seminars will be rotated between the two facilities according to a predetermined schedule developed by the supervising committee. The topics may include, but are not limited to: Ethical and Legal Issues in the Practice of Psychology, Psychology and the Law, Assessment of the Dangerous Patient, Disability Issues, Alcohol/Substance Abuse, Gerontological Psychology, and Psychodiagnostic Evaluations.

Governing Authority

The governing authority of the Western Kentucky Psychology Internship Consortium consists of a licensed psychologist appointed by the Executive Director of the Pennyroyal Center and the Chief Psychologist from Western State Hospital. The committee will consist of only doctoral level, licensed psychologists. This supervising committee will select a chair for each year from its membership and a vice-chair who will act on behalf of the chair in his or her absence. The committee is responsible for ensuring the integrity of the clinical training program, as well as determining the day-to-day administration of training issues involved in conducting the clinical training program. Decisions regarding the placement and rotation of interns will be made by the supervising

committee of the consortium.

Positions and Compensation

There are up to two internship positions available within the Western Kentucky Psychology Internship Consortium, with the possibility of a third being added depending on funding. Each intern will become a temporary/full-time employee with the Pennyroyal Center. The salary for each intern will be \$23,670. In addition, there is an attractive benefit package including health, dental and life insurance, professional liability insurance, holiday leave, paid time off and other appropriate benefits.

Application Process

Each intern will be required to submit an APPIC application from the Western Kentucky Psychology Internship Consortium that is to be completed and returned by November 15, 2010. The application should include a personal statement which describes in detail the applicant's strengths, weaknesses, theoretical orientation, professional goals, and interests. The applicant will secure four letters of recommendation from doctoral level psychologists familiar with the intern's clinical aptitude and abilities. The intern will be asked to provide an official transcript of all undergraduate and graduate course work as part of the application process. Each student should have completed approximately 800 hours of supervised practicum experience. An applicant who is considered appropriate will be asked to appear for a face-to-face interview with at least one of the governing committee members. In addition to completing the application and interview, each intern must have completed all pre-doctoral course requirements before entering the internship.

Additional Inquiries

Inquiries regarding application can be made through:

Stephen G. Glasscock, Ph.D.
Internship Director
Pennyroyal Child & Adolescent Clinic
735 North Drive
Hopkinsville, KY 42240
(270) 886-9371

Additional inquiries can be made through one of the following supervising committee members:

Pauline Lloyd, Psy.D.
2400 Russellville Road
Western State Hospital
Hopkinsville, KY 42240
(270) 889-6025